

CAMP TIMBERLEDGE

WHAT TO PACK FOR ONE WEEK AT CAMP

- _____ sleeping bag, pillow and pillowcase (sleeping bag should have a minimum fill of 3 lbs. or an extra blanket for each pound under three; a bedroll should include three blankets and a sheet)
- _____ 3' x 6' piece of plastic or oilcloth (for outdoor experiences)
- _____ flashlight with extra batteries
- _____ towels (2-3), mesh sponge, loofah or washcloths
- _____ portable plastic shower caddy
- _____ soap, shampoo, conditioner, toothbrush, toothpaste, deodorant and other personal care items
- _____ flip-flops or water shoes for *showers only*. (Sandals and flip-flops pose a safety hazard to campers and are not permitted for daily activities.)
- _____ athletic wear appropriate for outdoor activities including t-shirts (10), shorts (6), long pants or jeans (2), undergarments (10)
- _____ warm sweater, sweatshirt or jacket (2)
- _____ pajamas and bathrobe
- _____ sneakers or hiking boots, and socks (10 pairs)
- _____ raincoat or poncho; galoshes, rubbers or boots
- _____ swim-suit (one-piece swim-suit for females and swim trunks for males) and beach towel
- _____ sunscreen (SPF 30), sunglasses, and hat
- _____ bug spray
- _____ backpack
- _____ Bible
- _____ stamped envelopes and writing paper in a plastic bag; pens and/or pencils (2)
- _____ camera with your name clearly marked
- _____ athletic and sports equipment, fishing tackle – with your name clearly marked.
- _____ medicines as required (these should be checked in with the nurse on arrival)

NOTE: cell phones, MP3 players, hand-held games and similar devices discourage participation in camp programs and if brought will be held by the Camp Director until camp concludes.

Official Camp Timberlege Guidelines for Camper Personal Appearance

- Campers must have a neat and clean appearance.
- Clothing must be modest and appropriate for camping.
- Underwear should never be visible.
- No clothing shall display offensive language, anti-Christian or demonic sentiments, or advertising of alcohol or tobacco products.
- All female campers are to wear one-piece bathing suits, shirts with at least two-one inch straps (no spaghetti straps, backless tops or clothing that display one's midriff), and shorts that extend further than the camper's fingertips when standing. Skirts are not appropriate for camp.
- All male campers are to wear shorts-styled bathing suits; Speedos are not appropriate.
- Campers without appropriate attire may be unable to participate in scheduled activities.