

Instructions for Completion of Camp Timberledge Health Forms

A Health History and Physical Examination are mandatory for your child to attend Camp Timberledge.

If forms are not completed properly, you will be asked to take your child home until you submit all required information.

By following these 3 steps, your child will be ready to attend camp:

1. Print a copy of **Camper Health History-Form 1** and **Camper Health-Care Recommendations by Licensed Medical Personnel-Form 2**.
2. Parents/Guardians are to complete the first 3 pages of **Form 1**. The fourth page is for camp use only.
 - You may attach a copy of your child's immunizations from your health care provider or school nurse. Up-to-date immunizations are required for camp attendance.
3. Have your health care provider complete **Form 2**.
 - While the American Camp Association allows the physical exam to be done within 24 months of camp attendance, a **NEW Form 2** is required each year. This documents that your child is medically cleared to attend camp.
 - Please be sure your health care provider indicates all non-prescription and prescription medications your child will have at camp.

Thank you for your assistance in providing a safe and healthy camping experience for your child.

If you have any questions or concerns, please call Christy Davis, RN, CSN at 570-698-7917.